

## January 2020 Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
<b>WEEK 3</b>	<b>Ped day</b>	<b>Mediterranean Salad Bar</b> <small>Special salads : Greek salad / Italian broccoli pasta salad If children prefer, they may choose their own ingredients from our salad bar</small> <b>Dessert : Fruit Cocktail</b>	<b>Chicken Fajitas &amp; Veggies</b> <small>Children choose their own ingredients out of onions, peppers, cheese, lettuce, tomatoes, salsa, sour cream, ranch dressing</small> <b>Dessert : Brownies</b>	<b>Spaghetti &amp; Garlic bread</b> <small>Meat sauce</small> <b>Dessert : Blondies</b>	<b>Mr. Pancakes &amp; sausages</b> <small>Served with Maple syrup &amp; ketchup</small> <b>Dessert : Mixed variety</b>	
12	13	14	15	16	17	18
<b>WEEK 4</b>	<b>Asian Salad Bar</b> <small>Special Salads: Asian salad / Sesame noodle salad if children prefer, they may choose their own ingredients from our salad bar</small> <b>Dessert: Pudding</b>	<b>BBQ Chicken Drumsticks with rice and veggies</b> <small>Served with option of soya sauce (if raw veggies, dip is offered)</small> <b>Dessert : Cookies</b>	<b>KD Tuna casserole</b>	<b>Pork Chops with Potatoes and veggies</b> <small>(if raw veggies, dip is offered)</small> <b>Dessert : Cake</b>	<b>Tacos with Veggie platter</b> <small>Hamburger, cheese, lettuce, tomatoes, salsa, sour cream (veggies served with dip)</small> <b>Dessert : Mixed variety</b>	
19	20	21	22	23	24	25
<b>WEEK 5</b>	<b>Mexican Salad Bar</b> <small>Special salads: Taco salad / Bean salad if children prefer, they may choose their own ingredients from our salad bar</small> <b>Dessert: Yogurt</b>	<b>Shepherd's Pie</b> <small>Served with ketchup</small> <b>Dessert : Jello</b>	<b>Fettuccini Alfredo</b> <b>Dessert : Oatmeal cookies</b> <small>Ski Day grade 3 and up</small>	<b>Sloppy Joes &amp; Chef salad</b> <small>Lettuce, tomato, cucumber</small> <b>Dessert : Fudge</b>	<b>Chicken Burger with veggie platter</b> <small>Children choose their own ingredients out of : Slice cheese, lettuce, tomato, mayo, ketchup, mustard</small> <b>Dessert : Mixed variety</b>	
26	27	28	29	30	31	
<b>Week 6</b>	<b>Ped day</b>	<b>Canadian/American Salad Bar</b> <small>Special salads: Potato and macaroni salad if children prefer, they may choose their own ingredients from our salad bar</small> <b>Dessert : Applesauce</b> <small>Ski Day grade 3 and up</small>	<b>Meatloaf mashed potatoes and veggies</b> <small>served with ketchup and mustard</small> <b>Dessert : rice krispies</b>	<b>Macaroni Hamburg meal</b> <b>Dessert: Fresh Fruits</b>	<b>Hot Dogs</b> <small>served with chef's choice of side dish, ketchup, mayo, mustard, relish, onions</small> <b>Dessert : Mixed variety</b>	

**Please contact me if you have any questions. If you are interested I do accept etransfers by email at ( [jennywheeler95@gmail.com](mailto:jennywheeler95@gmail.com) ) or by phone at 450-521-0501**