

**TABLE FOR PLANNING LEARNING IN SEXUALITY EDUCATION — ELEMENTARY SCHOOL**

Note: See the document *Possible Connections between the Learning Content of Sexuality Education and the Québec Education Program* for information on how to integrate learning content into the students' timetable.

Learning Content in Elementary 3	<b>WHO?</b> <ul style="list-style-type: none"> <li>• Person(s) responsible for the activity</li> <li>• Collaboration (if applicable)</li> </ul>	<b>WHEN?</b> <ul style="list-style-type: none"> <li>• When the activity will be carried out with the students</li> </ul>	<b>HOW?</b> <ul style="list-style-type: none"> <li>• Methods for integrating learning content into the students' schedule</li> <li>• Materials and tools selected for the activity</li> </ul>	<b>Other useful information or comments related to the planning</b>	
<p align="center"><b>IDENTITY, GENDER STEREOTYPES AND ROLES, AND SOCIAL NORMS</b></p>	<ol style="list-style-type: none"> <li><b>1. Identify stereotypical representations of femininity and masculinity in your personal and social environments, including the media</b> <ul style="list-style-type: none"> <li>• Images and messages</li> <li>• Stereotypes conveyed</li> </ul> </li> <li><b>2. Make connections between gender stereotypes and the development of your gender identity as a girl or boy</b> <ul style="list-style-type: none"> <li>• Influence of stereotypes on the social behaviours to adopt</li> <li>• Influence of the group of friends</li> <li>• Influence of values and personal preferences</li> </ul> </li> </ol>				
<p align="center"><b>SEXUAL ASSAULT</b></p>	<ol style="list-style-type: none"> <li><b>1. Recognize the different forms of sexual assault</b> <ul style="list-style-type: none"> <li>• Forms of sexual assault</li> </ul> </li> <li><b>2. Develop your ability to apply safety rules to avoid a situation that puts you at risk or to stop sexual assault</b> <ul style="list-style-type: none"> <li>• Applying self-protection and self-defence skills</li> <li>• Seeking solutions</li> <li>• Reporting the situation to an adult who will listen to you, believe you and help you</li> </ul> </li> </ol>				

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<b>GENERAL UNDERSTANDING OF SEXUALITY</b>	<b>1. Become aware that there are different aspects to sexuality</b> <ul style="list-style-type: none"><li>• Within you (mind, body and heart)</li><li>• Around you</li></ul>				
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