

K5 Miss Natalie  
 &  
 Miss Lysa

TABLE FOR PLANNING IN SEXUALITY EDUCATION – PRESCHOOL

Note: See the document *Possible Connections between the Content of Sexuality Education and the Québec Education Program* for information on how to integrate content into the students’ timetable.

Preschool Content	<b>WHO?</b> <ul style="list-style-type: none"> <li>• Person(s) responsible for the activity</li> <li>• Collaboration</li> <li>• (if applicable)</li> </ul>	<b>WHEN?</b> <ul style="list-style-type: none"> <li>• When the activity will be carried out with the students</li> </ul>	<b>HOW?</b> <ul style="list-style-type: none"> <li>• Methods for integrating content into the students’ schedule</li> <li>• Materials and tools selected for the activity</li> </ul>	Other useful information or comments related to the planning
<div style="display: flex;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-right: 5px;">SEXUAL GROWTH AND BODY IMAGE</div> <div style="flex-grow: 1;"> <p>1) Identify the parts of the body</p> <ul style="list-style-type: none"> <li>• External parts: arms, head, buttocks, etc.</li> <li>• Internal parts: lungs, heart, stomach, brain, etc.</li> <li>• External sexual parts: vulva, breasts, penis, scrotum, testicles</li> <li>• Internal sexual parts: ovaries, uterus, vagina</li> <li>• Functions of the sexual organs: elimination, reproduction</li> <li>• Concept of private parts</li> <li>• Differences in people’s bodies: shape, size, skin colour, etc.</li> <li>• Importance of taking care of your body: hygiene, body appreciation</li> </ul> <p>2) Give examples of what you can express and feel with your body</p> <ul style="list-style-type: none"> <li>• Feeling: five senses (taste, touch, smell, sight, hearing), emotions, sensations (pleasant or unpleasant)</li> <li>• Sharing your needs and wishes with others (e.g. friends, adults in your life, etc.): expressing yourself when sensations and feelings are pleasant or unpleasant, saying no and talking to an adult when you do not like being touched or a physical contact, or when you feel uncomfortable, talking with someone when you are not sure about something or when you feel the need.</li> </ul> </div> </div>	<p>Classroom teachers</p> <p>2) classroom teachers + Vicky Ciuss</p>	<p>ELA + classroom discussions 1)</p> <div style="text-align: center;"> <p>↓</p> <p>↓</p> <p>↓</p> <p>↓</p> <p>↓</p> </div>	<p>Books</p> <ul style="list-style-type: none"> <li>• Who has What? By Robie H. Harris</li> <li>→ Magic crayons Web site (9 classroom activities)</li> <li>2) Alligator is Angry</li> <li>• Sheep is Scared</li> <li>• Be Who You Are</li> <li>• We’ve Got</li> </ul>	<p>* Our classroom workbook also teaches all of these topics</p> <div style="border-left: 1px solid black; border-right: 1px solid black; height: 100px; margin: 10px 0;"></div> <p>Also (Books):</p> <ul style="list-style-type: none"> <li>* One by Kathryn Otoshi</li> <li>* Not all Princesses Dress in Pink by Jane Yolen.</li> </ul>

\* The Sandwich Swap by Kelly DiPucchio.  
 \* The Invisible Boy by Patrice Barton.  
 \* Small Saul by Ashley Spires.  
 the Whole World in our Hands  
 • Hippo is happy  
 • Squirrel is Sad

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Preschool Content	<b>WHO?</b> • Person(s) responsible for the activity • Collaboration (if applicable)	<b>WHEN?</b> • When the activity will be carried out with the students	<b>HOW?</b> • Methods for integrating content into the students' schedule • Materials and tools selected for the activity	Other useful information or comments related to the planning
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">PREGNANCY AND BIRTH</p> <p>1) Explain the steps involved in making a baby</p> <ul style="list-style-type: none"> <li>• Union of an egg and a sperm (the two cells needed for a fetus to develop) and implantation in the uterus, multiple pregnancy</li> <li>• Pregnancy: changes that take place in the mother's body, development of the fetus</li> <li>• Childbirth and place of birth</li> </ul> <p>2) Name ways of welcoming a baby into a family</p> <ul style="list-style-type: none"> <li>• Preparing for the baby's arrival</li> <li>• Needs of a newborn (eating, sleeping, affection, etc.)</li> <li>• Different family models: nuclear families, single parents, same-sex parents, adoptive parents, blended families</li> <li>• Welcoming a baby: at birth or at the time of adoption</li> </ul>	classroom teachers	ELA + classroom discussions	<ul style="list-style-type: none"> <li>• Mother Bruce</li> <li>• A Family is a Family is a Family</li> <li>• All Are Welcome</li> <li>• I Am Human</li> <li>• Je t'accepte tel que tu es</li> </ul>	* Our classroom workbook also teaches types of families.